



# ON 2 WHEELS

Chelmsford & District Advanced Motorcyclists Newsletter

Issue 13 • July '09 – Oct '09

## essexrideandsurvive 2009

Pictures from the Inaugural Biking Fun Day

## Crash Card

A New Initiative Helping Motorcyclists  
Involved in an Accident

## Vroom with a View

The Best Seats in the House?

Affiliated to



Group Number: 7251

## The CADAM Committee

**Chairman:**  
John Warren  
Email: chairman@cadam.org

**Treasurer:**  
Stephen Falls  
Email: treasurer@cadam.org

**Club Secretary:**  
Alan Plant  
Email: secretary@cadam.org

**Membership Secretary:**  
Chris McEvoy  
Email: membership@cadam.org

**Social Secretary:**  
Stephen Falls  
Email: treasurer@cadam.org

**Chief Observer:**  
Ian Maxwell  
Email: chiefobserver@cadam.org

**Assistant to Chief Observer:**  
Gary Crane

**Associate Representative:**  
Richard Rhodes  
Email: associate.rep@cadam.org

**Advisor/Group Liaison Officer**  
Karyn Ellis  
Email: GLO@cadam.org

**Editor:**  
Mark Anstey  
Email: editor@cadam.org

**Committee Members:**  
Jane Wilson

## Our Aims

Chelmsford and District Advanced Motorcyclists (CADAM) is one of many groups across the country whose aim is to improve motorcycling road safety by helping people prepare for, and pass, the Institute of Advanced Motorists (IAM) Advanced Motorcycling Test.

Our group is affiliated to, but not subservient to the IAM. However, because we share the same aims, we often seem to speak with one voice.

CADAM is run by volunteers and serves the districts of Essex in and around Chelmsford. As well as helping people to pass the Advanced Test, we run the group as a club, so that once you have passed, you will still want to stay on and take part in our other activities. We provide:

**Structured instruction** to prepare for the IAM Advanced Motorcycling Test. You can choose a course that runs on Saturdays or one that runs on Sundays. These courses are designed to take even relatively inexperienced riders and raise their riding to IAM test standards.

**Ad-hoc instruction** for those who cannot attend training at weekends or for those who wish to have additional, top-up training prior to their tests.

**Machine control** days to increase your machine handling skills. These sessions are held off the public road, so we can explore the capabilities of your machine and its rider in safety.

**Social runs** over challenging routes (no motorways, thanks!) to interesting places.

**Weekends away** to ride some new roads, normally out of reach of Essex.

**Monthly group meetings**, often with a talk from a speaker on an interesting topic to do with motorcycling.

**On 2 Wheels:** This newsletter, keeping you up to date with what's happening.

**Want to know more?** Call our general enquiries number 07790 656 687 – or just turn up at a meeting and introduce yourself to a committee member! Future events listings and directions can be found on the inside back cover.

When on a club run, be it an evening or a weekend event, speed limits must be observed. We have no exemption and advanced riding does not need to involve higher speeds. When approaching hazards appropriate care must be taken. On club runs you are running as Cadam and under the IAM banner.

Do not bring this into disrepute. Also the Marker system will be used. Anyone not familiar with this system please speak to one of the run organisers who will run through this for you. Thanks and Safe Riding

**John Warren. Chairman CADAM.**

Printed by M&B Print Services. Dunmow. 01371 873 921  
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## From the Editor editor@cadam.org

As I write this we are already into the second week of July. The Summer hasn't been too bad so far for biking – we've only had a couple of days of flash floods and so far no snow!

Back in May a group of fifteen of us ventured off to the Ardennes region of Belgium. The bank holiday trip was impeccably organised by Liz and John Warren. Every detail was considered. We all met up in good time to make the tunnel crossing and the route was led without fault by Liz and John. The weather was superb, second only to the roads that they chose to navigate us along. Two months might have passed since we returned from the weekend, but both Siân and I would like to thank Liz and John for their fantastic organisation and everyone else present for making it such an enjoyable trip. I don't know what is planned for next year, but if Liz and John are arranging a trip again, I cannot recommend it highly enough. Roll on next year – no pressure then the Warrens!

It has been a Summer of hard work and planning. After months of organisation by Karyn Ellis and her helpers (I won't mention you all, but you know who you are!), first **essexrideandsurvive** event took place at the beginning of June. Marred only by a deluge on the morning of the show, the first of us arrived nice and early to put up the Cadam Marquee. Around us the frantic build took place as motorcycle dealers & other road safety groups constructed their stalls for the day. A fantastic arena was created by the Essex Bike Trial Club with obstacles consisting of skips, wooden pallets, cable drums and the odd scrapped car! We were treated to a superb display of bike skill, not just motorcycles either. Some of those guys and girls were doing things on bicycles that blew my mind! I wouldn't have attempted to navigate my way through some of the obstacles on foot let alone on two wheels! Fortunately the weather brightened up and we were even treated to the best of summer sunshine by the afternoon. Billed as a family show, it was really good to see a good cross-section of punters there on the day – there were families with children as well as bikers. Attendance numbers were a little lower than hoped, undoubtedly the weather playing it's part in keeping some away, but on the whole I think that we can be very proud of the event and as

this was the first year, think we can comfortably predict an increase for next year's event.

It seems that biking is becoming harder! Following the introduction of the controversial new road test earlier this year it seems that the next infringement, if it is to be believed and as I read in this week's MCN, is that European legislation will put an end to learner riders riding solo between their CBT's and DSA test, ie when riding on learner plates, they must be accompanied by a training instructor. I'm sure that we'll all be interested in the development of this story.

Dave McLean has been doing a fantastic job in updating the website and forum. Whilst not all of Dave's tweeks will be apparent to those viewing, he has been striving hard behind the scenes to ensure that the website performs smoothly and logically. In addition to his streamlining activities, Dave has tidied up the gallery. He has now made it easier for each of us to upload our biking pictures and to present them to Cadam and the world! So come on you lot, sort through all those piccies and lets get some pictorial proof that we are having a great time on our bikes. If you have any questions regarding uploading your pictures, don't hesitate to contact Dave through the forum, for more information.

As I am sure that many of you are aware, I was one of the founding group of Cadam. Since we began in 2005 we have had a good growth in membership, a successful training programme, interesting group meetings and presentations and great social get togethers. Like all groups and societies we have had our rough patches, but on the whole it is progressing nicely and rounding out to be a great group. I have been editing and producing this magazine for four years now and regrettably due to time constraints (and in the true sense of 'let someone else have a go'), am hanging up my Editor's visor. I have had a great time doing it and hopefully you have enjoyed reading it. If you are interested in filling this post, please approach the Committee. May I wish the new editor all the best and if you need any help or advice don't hesitate to ask. Thank you once again for four years of your attention!  
**Cheers and safe riding. Mark**

# Chairman's Chunderings



success of the group is reliant on what is on offer to Associates, Full Members and Observers. With that in mind Ian and Gary are continuing to organise the skills day, full member training and of course training at ERAS .

The ERAS event was organised by Karyn with a little help along the way and she is to be congratulated on her incredible hard work.. I would also like to thank all of the members and observers who helped on the day. Unfortunately, the poor weather meant we were a little overstaffed at times but your help especially with set up and take down was very much appreciated.

As far as what we can offer to full members, along with the committee I have proposed that we set up a separate social committee to oversee all social events from group night entertainment to Xmas meals and parties, social rides and weekends away. We have had no joy in finding someone to lead that committee, however my commitment to that remains and more details will follow shortly after our July committee meeting.

Looking at the group as a whole, we have come a long way in a relatively short space of time. We have a continued high level of success in preparing associates for the test and a committed and friendly membership. As we continue to grow I feel we must be mindful of the pitfalls which I have witnessed first hand elsewhere. As we have more and more people at each group night there is a tendency for us to form our own little social circles which can be seen as cliquey and will not help put new members at ease.

I believe that we as a group can avoid this with a little bit of thought and understanding.

Having relinquished my post of senior observer after fifteen years of involvement with IAM groups I fully intended to sit back and enjoy all that the group had to offer. It was only after a great deal of consideration that I decided I would stand for the position of Chairman, to help continue the great work that had already been done.

Once again I would like to thank Tye and also the previous Chairmen and Committee members for their hard work..

I am firmly of the opinion that the continued

The friendly outward appearance of our group is one of our most valuable assets.

Our website is exceptionally well presented and maintained thanks mainly to Dave McLean. Everything you need to know about Cadam is there.

Sermon over!!! Just airing my thoughts both positive and negative. Most importantly whilst we take the training of motorcyclists very seriously, we can have a great deal of fun along the way.

Personally I am never happier than when I am out riding my bike especially with like minded CADAM members.

**John Warren**  
Chairman



John on the recent Ardennes trip and in the line of fire – just for getting his new jacket dirty!



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# Training News



## A TRIBUTE TO ANDY BIRD

Whilst not training news we start this newsletter with a moment's reflection for Andy Bird.

He was a warm and genuine family man and an experienced fellow advanced rider, a member of Essex Advanced Motorcycle Group, passing his I.A.M. Test in 2005. We would like to say a big 'thank you' to all the CADAM members who contributed to the collection we held in his memory. We raised £140! This was a great show of unity, regardless of group, for someone who loved what we all love, riding our bikes. His family have generously requested that the collection be donated to the Essex Air Ambulance, a very worthwhile benefactor I think we'd all agree.

As this newsletter comes out after the event we can report that the Essex Ride and Survive event, held in Basildon, was a resounding success and all that attended had an excellent day. Even the weather couldn't dampen the spirit and it brightened up later in the day! We matched the Bikesafe team for the number of observed rides which was great publicity for the group. We are hoping to build on this event and to make it an annual occasion. We would like to say a big thank you to Karyn Ellis for all her effort and the hard work she, and all the other members, put into making this the success it was.

### • Observer Selection Day

We would like to extend a very big thank you to all the observers who attended and made it a success for the potential new Observer candidates. Good luck to all the candidates with

their assessment results and hopefully, you will all move on to successful Observer training.

### • Associate Workshops & Ride Leader

ANYONE INTERESTED IN THESE PLEASE LET GARY OR IAN KNOW.

TAKE UP HAS BEEN VERY POOR FOR THESE COURSES AND WE WILL NEED TO RECEIVE MORE INTEREST FOR THESE TO TAKE PLACE.

THE ASSOCIATE WORKSHOPS COULD PROVE VERY USEFUL ADDITIONAL TRAINING TO ASSOCIATES ON TOP OF THEIR WORK WITH THEIR OWN OBSERVER. WE ALL ENJOY THE SOCIAL RIDE SCENE OF CADAM BUT IT WOULD BE INTERESTING AND USEFUL TO HAVE MORE RIDE LEADERS. FOR THOSE THAT ARE A LITTLE NERVOUS AT LEADING A RIDE, THE RIDE LEADER COURSE WOULD BE JUST THE THING!

### • Volunteers needed!

TO HELP OUT ON THE ESSEX AIR AMBULANCE DAY ON THE 13TH SEPTEMBER. WE ARE LOOKING FOR PEOPLE WILLING TO BE AT THE DUNTON END SELLING RAFFLE TICKETS AND ENCOURAGING RIDERS TO VISIT THE CADAM STAND THAT WILL BE AT THE HARWICH END. IF YOU'VE NOT BEEN BEFORE, IT'S AN AMAZING ATMOSPHERE WHEN THAT MANY BIKERS ALL MEET IN THE SAME PLACE FOR SUCH A WORTHWHILE CAUSE!

### • Monthly Social Ride

ON THE SUNDAY AFTER GROUP NIGHT THERE WILL BE A SOCIAL RIDE OPEN TO ALL CADAM MEMBERS. MEETING AT BOREHAM McDONALDS, CHELMSFORD @ 09:00. MEMBERS ARE WELCOME TO BRING A NON MEMBER FRIEND FOR TWO RIDES SO THEY CAN SEE WHAT THE GROUP HAS TO OFFER. (IF YOU ARE BRINGING A GUEST PLEASE MAKE RIDE LEADER AWARE)

### • Contact Details

Ian Maxwell: 07974 941545

Email: imax@talk21.com

Gary Crane: 07903 594742



# Essex Ride & Survive 2009

Sunday 7th June saw the first of (hopefully many) CADAM's EssexRideandSurvive Motorcycle Show



The preceding week of glorious sunshine and high temperatures was, in the true sense of the UK's 'bank holiday' or 'big day' expectations, replaced with a complete deluge, flash floods and temperatures responsible for bringing out the recently put-away winter woollies. Fortunately however, the regression in weather was fairly short lived and by 10am had 'dried up' and the sun was threatening to show it's face.

With the bulk of the organising done by CADAM's Karyn Ellis with notable help from Linda Shrimpton of the Essex Casualty Reduction Board, the day was billed as a 'family motorcycle

day' and with the exception of the Bouncy Castle's which were withdrawn due to the bad weather, all other exhibitors made it to their pitches – all fees were donated to the charity of the day The Essex Air Ambulance. CADAM had arranged the event with notable sponsors Essex Casualty Reduction Board, Essex Bike Safe and Basildon District Community Safety Partnership to address the important road safety issues of the county for both provisional and full motorcycle licence holders and we would also like to thank the ATC and Basildon Police for their invaluable help on the day.

Many companies displayed their products and services and included several motorcycle dealers, biking clothing retailers, a customising and repair shop and representatives from several Road Safety Groups, including of course Essex Bike Safe and CADAM and ELAM for the IAM. CADAM were offering observed rides alongside the usual ride assessments from Bike Safe, and both parties were pleased with the takers, particularly with the earlier weather in mind, with both parties hosting around 20 rides each.

A thrilling display was put on by the Essex Bike Trial Club in the centre of the arena with both bicycles and trials motorcycles. Each competitor on their respective machine aiming for a clear round around the course of palettes, cable drums, skips and old cars and all demonstrating unbelievable ability in machine control.

Additional entertainment was provided by cover band 'Scary Mary' and an hour-long set of music, dancers, chat and games hosted by Essex FM's breakfast team Martin and Sue on the Essex FM Roadshow trailer. Martin remained on stage late into the afternoon along with Wendy from EHAAT to host an auction of Motorcycle Sport

memorabilia, including a signed helmet and framed photos of Valentino Rossi. All proceeds (after the greatly reduced reserve prices) were donated to CADAM's chosen charity of the day, The Essex Air Ambulance.

Whilst the final figure is still to be announced, a substantial amount was raised for The Essex Air Ambulance.

Despite the early down pours, the event was very successful and all at CADAM would sincerely like to thank sponsors and supporters alike for their attendance. Plans are already afoot for a bigger and better show in 2010.





Essex Air Ambulance's Wendy Byland celebrates the end of the rain.



School boy biking star of the future Jake Bayford, band of the day 'Scary Mary', antics from the Essex Bike Trial Club, Cannons BMW and John's of Romford bike displays.





Chris McEvoy with the WPC's, Martin and Sue on the Essex FM stage, Essex Ambulance's Pilot Pete, Keith Dunn on the Fire Bike and virtual biking on the Essex FM stage!



# Vroom with a View

It might be controversial to say it, but on the CADAM trip to the Ardennes in May, I (and a couple of others present, Liz and Gill) had the vrooms with a view, or the best seats in the house!

Whilst I appreciate the thrill and excitement of riding any motorcycle, particularly in this kind of scenery and on these beautifully sweeping roads, with the exception of a couple of tight-shut-eye moments, whilst Mark (and the others up front) had to concentrate on the road ahead, I had the enviable luxury of being able to have a good look around and to take in the stunning scenery!

For those of you who don't know, Liz and John Warren organised the trip to Bouillon in the Ardennes region of Belgium over the first bank holiday of May this year.

It was the second of their trips that we had come along to; the first for us being Dieppe last year. This trip, as had been the previous, was painstakingly and perfectly planned; everything from the time and place to meet for the Tunnel crossing and the itinerary for the next few days. From the off the weather was perfect! In fact, the only cloud and subsequent few seconds of fine drizzle we saw was on the Sunday, and most of that we were several hundred feet underground being guided around a fantastic network of caves. The entire area was fantastic for biking with a real roller-coaster network of bends, high inclines and descents and did I mention the fantastic views? And unlike the often cold reception to bikers in the UK, the hotels, restaurants and places of interest couldn't have been friendlier, even, in the case of the caves, allocating us a secure room free of charge in which to store our helmets and bags.

I don't recall seeing so many bikes in a single area (with the exception of the MotoGP at Donnington a few years ago) and we often came across large groups of bikers from many different countries on a range of bikes, all equally friendly and swapping waves, even the big group that we regularly passed on their slow, old Harleys! (Although they didn't always make passing easy). To summarise, what a great trip! In no particular order, great roads, weather, company and did I mention the views? Thanks and well done Liz and John and all present and roll on next year! ■ Sián Anstey



Bouillon centre ville  
Left: Colin pulls!



Tram ride to the caves

Bikes navigate a typical roller-coaster road in the Ardennes.

The CADAM (and guests) roll call.



Luxury accommodation for the weekend



To make renewing your membership easier we now have this Standing Order form. If you would like set up a Standing Order please complete, inserting your bank account details and IAM/CADAM membership numbers eg.123456/123, in the 'Reference' space provided. If you are not sure of your renewal date please contact the Membership Secretary at membership@cadam.org. Once completed please send this form to your own bank and please inform the Membership Secretary in order to avoid receiving a renewal reminder in the post. Thank you.

## CADAM Standing Order

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<input type="text"/>	Account number <input type="text"/>
Reference (IAM membership no./CADAM membership no. eg.123456/123) <input type="text"/>	Sort code <input type="text"/>
Name of bank or building society <input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
3 Payment details	
Regular amount (in figures) £ <input type="text"/>	Frequency Choose 1 option by marking one of the boxes with an X <input type="checkbox"/> Weekly <input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> 6 monthly <input type="checkbox"/> Annually
Date of first payment <input type="text"/>	For weekly payments choose a day of the week <input type="checkbox"/> Monday <input type="checkbox"/> Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday
Either Date of final payment <input type="text"/>	If you would like any other frequency, please specify the payment date required (eg 21st) <input type="text"/>
Or Number of payments <input type="text"/>	<input type="checkbox"/> Continue payments until cancelled by me/us in writing - mark box with an X.
4 Special instructions	
Please mark one of the boxes with an X, if either the first, or final payment amount, is different from the regular amount <input type="checkbox"/> First <input type="checkbox"/> Final	Signature <input type="text"/>
Amount of first or final payment if different from regular amount £ <input type="text"/>	Signature (if joint account) <input type="text"/>
<input type="text"/>	Date <input type="text"/>

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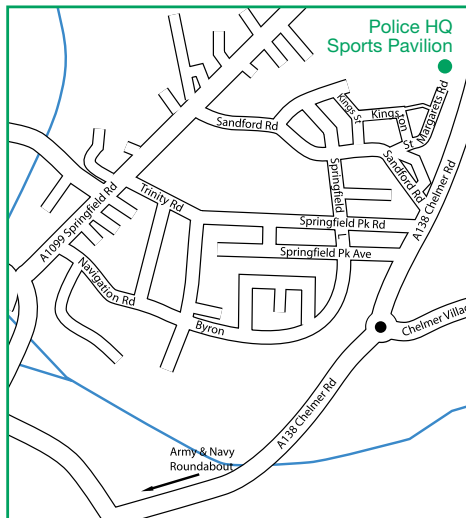
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## How to Find Us



**Club Nights:** The Sports Pavilion, Chelmsford Police HQ, St. Margaret Road. 7.30 for 8pm start unless stated otherwise.

Please refer to CADAM Events panel for dates. Apologies, but we will need to collect £1.00 subs from each member present on club nights to cover the cost of hiring the hall. Guest speakers and the occasional raffle are being planned for some of the evening meetings. For more details or suggestions for future events, including speakers, please contact any of the committee. Thank you and we look forward seeing you soon.

## CADAM Events 2009

Visit the Forum and Events Calendar on [www.cadam.org](http://www.cadam.org) for more details on all of the events listed.

Check frequently as events are regularly added or amended. We look forward to seeing you on a ride out soon.

- Aug 11 Club night 19:30 for 20:00  
Essex Police Sports & Social Club Pavilion.
- Aug 14 Martin Hopp Track Training event @  
Cadwell Park. Contact John Stevens  
or see Forum.
- Aug 16 Gary Crane's Sunday ride out.
- Aug 18 JW will lead for an invitation to Suffolk  
Advanced Motorcyclists group night.  
  
BBQ and natter night. Based at Finn  
Valley Golf club who will be providing  
the food which I believe will be  
available to buy as you wish.  
JW will lead a ride into deepest darkest  
Suffolk starting at McDonalds Tollgate,  
Stanway, Colchester Leaving at  
6.45p.m. Sharp!!!

- Sep 9 **THIS IS WEDNESDAY! not Tuesday**  
Club night 19:30 for 20:00  
Essex Police Sports & Social Club Pavilion.
- Sep 13 200mph Straightliners tospeed event  
@ RAF Woodbridge. Contact John  
Stevens or see Forum. 2nd time this yr!
- Sep 13 Essex Air Ambulance Run.
- Sep 19 FORD DUNTON Skills Day.  
Places **MUST** be pre-booked. See  
Gary Crane or Ian Maxwell for details.  
and booking.
- Oct 13 Club night 19:30 for 20:00  
Essex Police Sports & Social Club Pavilion.
- Oct 18 TBC. Gary Crane's Sunday ride out.

